# Lifespan Respite Sustainability LOGIC MODEL (8-23-18)

| What Do You Want to Sustain? | How Will You Measure Your Progress? |
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| **VISION AND DESIRED RESULTS**<br><br>1) Establish NYSCRC as the leader for caregiving and respite in NYS<br>2) Provide trainings related to caregivers and respite statewide<br>3) Expand access to respite services<br>4) Enhance the organizational structure of lifespan respite initiative<br>5) Improve upon the caregiving experience<br><br>**CONDITIONS AND CAUSES**<br><br>●Large geographic coverage region<br>●Narrow focus of some stakeholders<br>●Maintenance of effort (staffing/funding)<br>●Value Proposition for coalition membership<br>●Risk of dilution of caregiving focus<br>●Caregiver identification challenges | INDICATORS<br><br>• Core Team: strategic planning and 3-year sustainability plan<br>• NYSCRC: Advisory board roles and responsibilities and revised NYCRC committee structure<br>• Enhanced coalition membership (expansion/diversity/reach): disability services, advocacy groups, private sector, education, health care, charitable/philanthropic, legislative, veterans/military<br>• Policy: established legislative committee, increased advocacy efforts, ongoing social media activities<br>• Organizational structure with embedded hub-and-spoke model<br>• Stakeholder input from Sustainability Summit<br>• Enhanced Collaborations: NY Connects, LTCCs, AAAs<br>• Virtual Resource Center establishment<br>• Dissemination: Regional, State, and National Conference participation |
| **STRATEGIES**<br><br>●Focus on value and awareness of respite<br>●Formalize an organizational structure<br>●Develop a business plan<br>●Create accountability for service providers<br>●Explore collaboration opportunities<br>●Include caregivers in ongoing planning<br>●Build capacity for dissemination<br><br>**ACTIVITIES**<br><br>1) Define coalition member roles and responsibilities<br>2) Implement trainings: REST, caregiver simulation, powerful tools, mindfulness, caregiver forums, and train-the-trainer<br>3) Recruit new stakeholders, volunteers, respite sites, mini-grant (seed funding) participants<br>4) Build a hub-and-spoke model and a virtual resource center<br>5) Explore caregiver assessment methods and evolving research | **PERFORMANCE MEASURES**<br><br>➢ Coalition Building: membership #, monthly calls participation, geography, website utilization, newsletter distribution, surveys<br>➢ Trainings: pre-/post- assessment and # trained for: REST, train-the-trainer, caregiver simulation, Powerful Tools for caregiving, mindfulness<br>➢ Services: Volunteer (#, hours, retention), # respite programs, trainer established in every county<br>➢ NY Connects: # respite services listed, utilization<br>➢ Mini-grants: required data metrics and progress reports<br>➢ Funding: grant funding, foundation collaboration, revenue stream from trainings<br>➢ Defined future implementation strategy for evidence-based caregiver assessment (satisfaction, quality of life, and health related outcomes) |